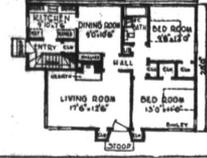


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OLD BOOKS AND PAINTING OFFER CULTURE OUTLET

This business of homemaking and motherhood is not favorable to close attention to such avocations as rare book collecting and painting but Mrs. A. L. Warren of 1937 257th street still finds time to pore over her old books and now and then pick up her paint brush.

The Warrens with their two daughters came to Lomita from La Porte, Ind., about two and a half years ago. Mrs. Warren has enjoyed some exceptional training as an artist, studying at the Pratt Institute in New York and the Minnesota Art Institute. Altho she has not engaged in exhibitions for several years, her pictures received recognition in several shows in the east.

But she takes great interest in books, being an avid reader and owner of a number of old volumes whose value must be considerable. A native of South Dakota, Mrs. Warren and her husband—he is an electrician—were living in Flint, Michigan at the start of Depression I and they had first-hand knowledge of hard times when business stagnation hit that thriving industrial center almost instantaneously with the crash in Wall Street.

Mrs. Warren finds great pleasure in poring over old books in Los Angeles' musty second hand book shops—where, by the way, one may browse at will without being bothered by impetuous young sales persons. Altho she disclaims being a "collector," nevertheless she has the first qualification for a No. 1 hobbyist: A deep and personal attach-

Food Dealers Bid to Meet Tonight On Stamp Plan

A regional meeting for the purpose of discussing the retail food dealers of this district in the operation of the Federal food stamp plan which will be inaugurated here about Feb. 1 will be held in Redondo Union high school auditorium tonight at 8 o'clock.

This meeting is open to all food dealers in Torrance, Lomita, Harbor City, Gardena, Redondo Beach, Hermosa, El Segundo, Manhattan Beach and Willowbrook. E. V. Wahlberg will be chairman and A. F. Cooper, field representative of the Federal Surplus Commodities Corporation, will explain the plan.

Since the success of the food stamp proposal, with its resultant benefits of the food trade, to relief recipients and to agriculture depends on the education of food dealers, it is urged that all make a point to hear the latest information about the plan.

Sponsorship Held Legal
Los Angeles county can legally sponsor an S. R. A. project to qualify relief recipients to obtain Federal Surplus Commodities Corporation food stamps, according to County Counsel J. B. O'Connor.

The opinion held, however, that the contract now before the Board of Supervisors, cannot be approved because the food stamp feature is not sufficiently clear in its terms. It will be necessary to revise the present contract before S. R. A. workers can be authorized to proceed with an examination of County Charities Department records, O'Connor held.

Dr. Wood Takes Over Direction of Kiwanis Club

Dr. M. C. Woods conducted his first meeting as president of Lomita Kiwanis Tuesday following his installation as president Jan. 9 at the Palos Verdes Country club. Installation was held jointly with the Wilmington club with Albert Drew, outgoing lieutenant governor of the 13th district, as installing officer and Harry Lane, retiring governor of California-Nevada district, as speaker of the evening. Roy Lindsey, incoming lieutenant governor, also spoke briefly.

C. Henry Olsen was installed president of Wilmington to succeed Duke York who was program chairman for the evening and Dr. Woods succeeded James H. Wood.

Other Lomita officers installed were Meade H. Ferguson, vice president; Norman Gardiner, secretary-treasurer, and J. L. Abbott, E. M. Mosher, Hugo Schmidt, R. H. Trunnell, Tom King, Ross Miller and Phil Osborne, directors.

Mrs. J. L. Abbott in a very clever speech presented exquisite corsages to Mrs. Drew, Mrs. Lindsey, Mrs. York, Mrs. Olsen, Mrs. Wood and Dr. Etta Woods.

Dr. Woods has been active in community affairs since he and his wife, Dr. Etta Woods, opened offices in Lomita in 1932 and his selection as president should go far toward forwarding Kiwanis as a community club.

Students to Speak at P.T.A. Meeting

Narbonne P. T. A. held its first meeting this year on Tuesday, Jan. 16, at the high school at 2 p. m. Mrs. Hattie Schroeder, president, in charge.

A symposium by students of the senior problem class, Mrs. Ruth Peterson teacher, was given, the class offering discussions on social arts, the art of entertaining; consumer education; and family relations. The musical program was given by Mrs. Walter Huppke and Mrs. J. L. Abbott who gave several piano duets.

Save On House Paint! Big Reductions On Sherwin-Williams! Geo. Moore, Hdwe.—Adv.

Councilor Visits H. C. School

Miss Jeanette Shaw, councilor for the Harbor area, visited the Harbor City school recently. Members of the faculty have been attending meetings at San Pedro held by supervisors of the area. Meetings were led by Mrs. Leafgreen and Mrs. Evenson, supervisors of curriculum.

ment for books and painting. "But my family comes first!" she laughs—and you can believe her because her small home is as neat as a pin and the Warren daughters are strong, active youngsters blooming with health.

Beauty and You
by PATRICIA LINDSAY



This modern mother is rewarding her young daughter for keeping hands and nails clean by applying soft shell nail polish!

Play Up to Daughter's Vanity to Assure Health Routine

IT has become an established fact that food plays a very important part in our lives. Of course, you say, food has always played an important part in our lives! But let's get behind that statement.

We eat to live, yes, but we are just beginning to learn that what we eat makes a great difference in how we live, how successful we will be, and how physically perfect our bodies will be. Food scientists now tell us (from actual tests) that certain foods contain the vitamins which tend to build strong bone—other foods provide energy—and well-balanced combinations of all foods is the best preventative so far discovered. If you eat correctly, and exercise as you should, illness will be prevented and so will premature old age.

Feed the Young

Naturally the best time to begin building perfect bodies is when we are young. Mothers should take time to learn about food. The old-fashioned meat-and-potatoes meal no longer serves. Your child must get fruits and vegetables, whole grains, honey, nuts and milk. Young teeth should chew many a raw vegetable and fruit. Children should, at the youngest of age, develop a hunger for the proper nourishment. Then their teeth and bones will be strong, their skin clear, their eyes bright, their minds alert and active. A sluggish child is a child with a deficiency—a food deficiency. With the aid of your physician discover what the sluggish child lacks and feed it to him.

Little girls can be taught health rules by playing up to their vanity. Tell them that this food makes their eyes beautiful. A big salad of fruit gives them

lovely skin. Raw vegetables, or cooked vegetables provides them with the energy to grow big like mother and as pretty as their favorite screen star! Teach them that beauty can only be gained through correct eating, and exercise, work and rest.

I know a mother, a very modern mother who has labeled certain menu items—"For strong muscles," "For good teeth," "For eye beauty," etc. She then permits her two children, a girl and a boy, to select the food they want to eat. Junior, training for his neighborhood baseball team, naturally goes in for all the he-man menus, and little daughter (who is just learning that women should be beautiful) selects the beauty-foods. Fortunately the mother is clever in her food combinations, and no matter which menu either child selects, he is getting a well-balanced meal!

Far wiser is it for a mother to teach good living to her young daughter than it is to spend money on a permanent wave which might weaken young hair, or to dress her up in fancy clothes not appropriate to her tender years. Certain little embellishments are in order, such as painting her nails a light natural shade or allowing her to use a colorless protective lipstick. But make those grown-up luxuries a reward for good eating and sleeping. A child trained well during her formative years will be healthy, beautiful and happy during her mature years.

For food guide send for my "Scientific Diet," or "Foods for Tooth Building." Write me care of this paper and enclose a self-addressed, stamped (3-cent) envelope.
(Released by The Bell Syndicate, Inc.)
—Want Ads 25c—

'Home-Making' Covered From Many Angles

One of the best attended meetings held by Harbor City P. T. A. was that of Jan. 9 when "Home-Making" was the theme of the program. Pupils of the A6 and B6 grades under the direction of Mrs. Lucille Wilson gave a demonstration of correct bedmaking, table setting and serving of a meal, representing the Jones family entertaining guests.

Mrs. S. C. Murray, president of Lomita-San Pedro Council, presided at the symposium. Others taking part in the discussion were Miss Grace Champion, girls' vice principal at Narbonne; Rev. D. L. Mounts of the Harbor City Community church, Judge Robert T. Lessing of Torrance, and Mrs. Max Schatz of Harbor City.

Miss Champion spoke of the courses offered in the secondary schools which include home economics, shops, and senior problems classes which include training in family relations.

Gives Court's Views
Rev. Mounts stressed the necessity for parents setting the example in truthfulness and right living and the need for a return to the fundamentals of Christian living.

Judge Lessing spoke for the courts when he brought out the fact that so often when boys and girls were brought into court there was lack of proper home training and lack of cooperation with the authorities.

Mrs. Schatz, local chairman of the Lomita-San Pedro Council, spoke from the parent's viewpoint and stressed the fact that parents were too often concerned over giving children material advantages and not sufficiently concerned about the radio programs, films, magazines and books that entertained their children.

The meeting concluded with the serving of refreshments by Mrs. S. A. Horney, Mrs. James Coates and Mrs. McVeigh.

Walteria P.T.A. Sees Demonstration In Pupils' Reading

"Learning" was the theme of the January meeting of the Walteria P. T. A. with a demonstration in primary reading given by pupils of Mrs. Grace Nixon in the first grade. Two songs, "The Shell" and "Hawaiian Boat Song" were sung by fourth, fifth and sixth grade pupils.

Mrs. Mildred Gouker, president, conducted the business meeting and had for hostesses during the refreshment hour Mrs. Nixon's home room mothers, Mrs. Hiramoto and Mrs. Moreno.

In preparation for rainy or windy days, an unused room in the school has been fitted up for a playroom in which children can play table tennis, table croquet, maze games, checkers, caroms and a number of others. The front of the school looks very nice as the children on sunny days have been busy pulling all the weeds out of the flower beds and parking.

Amaranth Auxiliary Plans Card Party

Members of Lomita Auxiliary to the Order of the Amaranth met at the home of Mrs. Ethel Waite for a potluck luncheon and business meeting last Thursday.

Mrs. Stella McCullough presided and plans were discussed for the card party to be held for the card for activities for February. The auxiliary will meet Feb. 16 with Mrs. Alwine Ulman at 2335 247th street.

TRUISM
We seem to have read somewhere that every woman can keep a secret—in circulation—London Opinion.

An Amazing Bargain

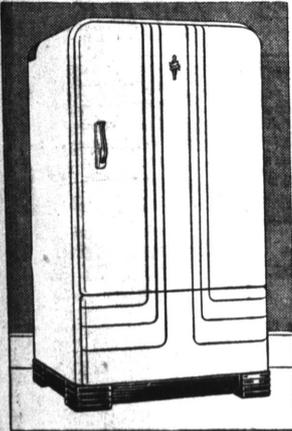


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